

Better by a Degree

Foundation Scholarships Help Nurses Advance Education

"The generosity of the Foundation has given me the support I needed to keep going with my education. Nursing means the world to me. It is a part of my identity – it's who I am."

– Mary Miller, MSN, RN, TAVR valve clinic coordinator in the Cardiac Care Unit at Elkhart General Hospital

EGH Mary Miller always wanted to go back to school for her advanced degree. Thanks to a scholarship from Beacon Health Foundation, she has pursued a dream that had been on the back burner for years while she raised her family.

Mary graduated with her master's degree in nursing education from Bethel College in May 2018. A week later, her younger daughter graduated from Purdue University with a bachelor's degree in education.

Like many in her profession, Mary could not have afforded tuition on her own. She also realized she appreciated the emotional support, knowing Beacon believed in her passion for nursing. Now she hopes to help others provide advanced care for patients during their most vulnerable moments.

Education Matters

Advanced training and support you provide help equip nurses and other Beacon Associates deliver the best patient-care experience possible.

FROM 2016 – 2017

138

BEACON ASSOCIATES RECEIVED SUPPORT TO ADVANCE THEIR EDUCATION.

\$278,146

WAS GIVEN TO SUPPORT TUITION COSTS.

Vision is designed for Beacon Health Foundation donors, friends and community leaders. Each issue of **Vision** highlights ways in which your gifts are inspiring hope, healing and gratitude throughout our region. Your generosity helps ensure that the healthcare needs of our community are being met – both today– and for generations to come.

To request additional copies of Vision or learn more about the Foundation, please contact 574.647.6613 or give@beaconhealthsystem.org

Beacon Children's Hospital | Elkhart General Hospital | Epworth Hospital | Memorial Hospital

Doc, You Rock!



BHF You turned the spotlight on dozens of our doctors during National Doctors' Day in March. Your heartfelt stories of gratitude about special caregivers in your life touched many of us. And your generous donations in their honor helped advance our commitment to attract the best caregivers to care for you, your family and friends.

Please continue to express your gratitude, like Joleen C., whose "daughter is alive today because of Dr. Andy (Lapadat)" who practices in Elkhart.

Nurse Jodi at Memorial Hospital "was cheerful and full of good humor to lift my spirits" when Julie L. was in our care. If Julie is in the hospital again, she hopes Jodi is on duty in her unit to provide "excellent and concerned nursing care."

Gabe's mom and dad (Katie and Santiago) told us Dr. Colleen Morrison at Beacon Children's Hospital "is our rock. Her staff on the Pediatric Oncology floor are our family."

Dr. Brandon Zabukovic, medical director at the Beacon Neighborhood Health Centers, "is a saint" for a patient he "put on the right path to get well."

The Dunning family praised caregivers at Elkhart General and Memorial Hospital who cared for their family member after a stroke. "We know that if it wasn't for a great team and God being where everyone was needed at the right time and place, this story would be different."



615 N. Michigan St., South Bend, IN 46601

**Prefer electronic delivery?
Send us an email address.**

Inaugural Circle of Light Dinner

With more than 140 of our closest friends and philanthropic partners in attendance, our first ever Circle of Light Dinner on June 20th was an incredible celebration that highlighted the power of giving back.

Susan King, Beacon Health Foundation President and Greg Gruber, CEO of Beacon Health System, were thrilled to share more about how significant your giving has been – and continues to be – for the patients and families served by Beacon Children's Hospital, Elkhart General Hospital and Memorial Hospital.

Attendees also had the chance to watch several videos throughout the evening featuring patient testimonials, and hear from featured speakers - Mary Miller and Michelle DeStefano - about their experiences as nursing scholarship recipients.

Because of your generosity and the support of countless donors like you, stories of compassion, expert care, continued education and survivorship might not otherwise have been possible.

Thank you for all you do to support of our mission. If you have questions regarding the Circle of Light, please contact the Foundation at 574.647.3334 or give@beaconhealthsystem.org.

Non-Profit Org.
U.S. Postage
PAID
South Bend, IN
Permit No. 72



vision

FOR OUR DONORS
WHO MAKE
A DIFFERENCE
EVERY DAY



Your Generosity Inspires Us Every Day

Thanks to your support of Beacon Health Foundation, nurses and staff can advance their education and skills. Lives are changed, thanks to physicians, technology and facilities you help sustain. Our community is becoming more aware of mental health issues, through a generous gift from the estate of Norma Frank.

You and more than 2,300 donors help make our community a better place to live, work and play,

Thank you.



Michele DeStefano, MSN, RNC-OB, C-EFM (left) and Mary Miller, BSN, RN (right)

Grant Funds Mental Health Programs in the Classroom

A Priority for the Health of Our Children and Our Community

MH We're raising awareness about mental health problems in our communities, thanks to a \$200,000 grant from Kohl's. The two-year partnership funds Stress Happens: You Got This! and Healthy Boundaries. Both programs are designed to reach fourth and fifth grade students in the South Bend Community School system.



Mental health topped our Community Health Needs Assessment 2016-2018. It's a critical issue that affects the health and wellness

of all our communities. That's why our Community Health Enhancement Department at Memorial Hospital developed initiatives to build awareness about mental health at an earlier age. The Kohl's Cares grant allows us to deliver a series of programs into the classroom that address mental health across the age spectrum.

We developed StressHappens.org, an online resource for parents and caregivers, teachers and students. Newsletters, guides and learning programs available on the website already are making a difference in how our community approaches mental health issues.

You can support Kohl's Cares initiatives by buying specially designated Kohl's Cares merchandise. The retailer sets aside 100 percent of net profit to benefit charitable initiatives nationwide, including partnerships like this one.

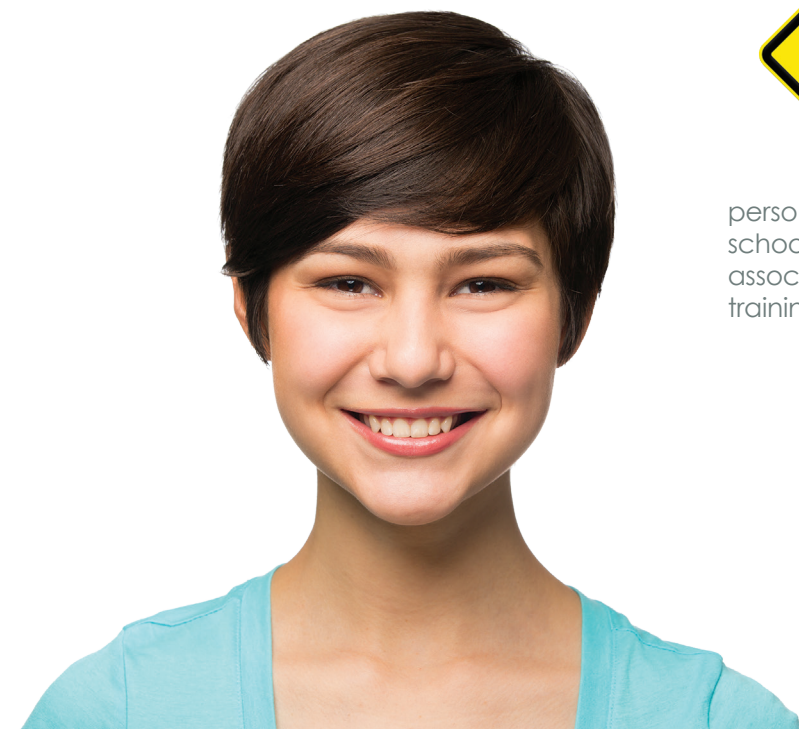


Team Approach to Pediatric Trauma Care

Collaboration Improves Access to Life-Saving Care for Seriously Injured Children

BCH Local giving has allowed Beacon Children's Hospital to take important steps toward verification as a pediatric trauma center. Our trauma and pediatric intensive care teams have access to training and educational programs through Cincinnati Children's Hospital. The multi-year partnership is helping us improve how we deliver care to seriously injured children who arrive at our hospital.

The training helped change lives last fall when three critically injured children arrived at our hospital by MedFlight. Trauma, intensive care and specialized critical care teams worked side by side to assess and stabilize the patients. The high-level communication and seamless coordination of care ensured three young patients received the right care at the right moment.



U-Turn for Youth Initiative

Turning the Trajectory of Mental Health in a Positive Direction

MH Generous donor support has helped Beacon develop an initiative to address increasing rates of youth suicide. Called U-Turn for Youth, the program is designed to improve mental health for youth and adults in our community for years to come.

Indiana has the country's highest rate of youth who contemplate suicide. The state ranks second highest for youth suicide attempts.

A gift from the estate of Norma Frank has helped U-Turn for Youth develop education, training and motivation programs aimed at our community's youth. The programs work to:

- Reduce the stigma surrounding mental health and suicide
- Increase coping skills and resiliency of local youth and young adults
- Empower parents, guardians and youth professionals to cultivate protective factors and nurture coping skills and resiliency in their children
- Inform the community about best practices for accessing the mental health system

GOAL: CREATE A MENTAL HEALTH-INFORMED COMMUNITY



U-Turn for Youth programs reach a variety of audiences affected by youth mental health issues. Digital learning formats extend ways to reach adults and students.

During its first year, U-Turn for Youth introduced its programs to school personnel and students in South Bend's 10 intermediate schools (grades 5-8) and three high schools. Beacon associates also have received suicide prevention training as part of the program.



Celebrating Life Together

Oncology Nurses Make a Wish Come True

EGH Sometimes the extraordinary care our nurses and allied health team provide can't be explained in true clinical terms. But it makes all the difference in the way our patients live.

That's what happened in March when oncology nurses and staff at Elkhart General turned the unit's family room into a wedding chapel. They wanted to fulfill the dying wish of their patient Dave Bleile – to walk his daughter down the aisle.

With a few makeshift decorations and plenty of tissues, they made sure Dave had everything he needed to witness his daughter Wendy marry Colin Bontrager in a short but emotional ceremony.

Stories like this one remind us every day how generosity heals. Thank you for your support of our mission. Your donations help our nurses advance their education so they can provide the best care possible. And make wishes come true for our patients.

An Eye on Newborns

Technology Helps Parents Check In By Live-Stream Video

BCH A small camera makes a big difference for parents whose infant is in the Newborn Intensive Care Unit (NICU) at Beacon Children's Hospital. They can watch over their newborns from anywhere at any time, thanks to a specially designed camera system called Angel Eye.

Angel Eye provides live-stream video from the baby's bedside. Parents simply log into a secure account on their laptop or phone to check in with their infant.

Beacon Health Foundation received funds from a generous donor to purchase five Angel Eyes for the NICU in 2017. Today, all the Angel Eyes are constantly looking in on the hospital's tiniest patients.

THE GIFT OF TECHNOLOGY

Amy and Jared Slav used the technology to watch over their son Dominic, who was born at 31 weeks. The live-streaming video gave them peace of mind and a virtual presence with Dominic during his stay in the NICU.

The Slavs shared their Angel Eye with another mother who was separated from her newborn immediately after delivery. Now that Dominic is at home, his family hopes other parents will have the opportunity to be with their newborn 24/7, literally and virtually.

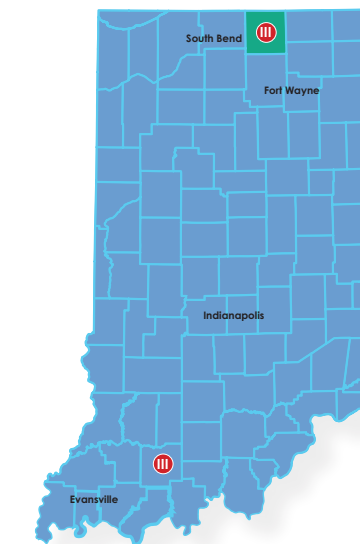
MORE EYES TO CHECK IN ON NICU BABIES

Angel Eyes are in constant demand in the NICU. Your support could help bring more parents and newborns together through technology. Please contact the Foundation for more information.



Treating Seriously Injured Patients

Elkhart General Becoming a Level III Trauma Center



Elkhart General Hospital now accepts and treats patients with traumatic injuries. It is the only Level III "in process" trauma center in Elkhart County.

EGH Elkhart General Hospital has taken an important step forward in providing trauma care for the community. The hospital received approval in March 2018 from the Indiana EMS Commission as a Level III "in process" trauma center. Not only

does that mean we're now able to accept and treat some of our community's most seriously injured patients, but it also signifies that our pathway to becoming a verified Level III trauma center has begun.

YOUR GIVING HELPS

Thanks to your generosity, our hospitals can recruit specialty physicians to care for seriously injured or ill patients in our communities. Your donations support purchases of equipment and technology needed to treat patients in our care. Funds also provide continuing education for nurses and allied health providers, including those on our trauma teams.

Thank You