



# vision

FOR OUR DONORS WHO MAKE A DIFFERENCE EVERYDAY



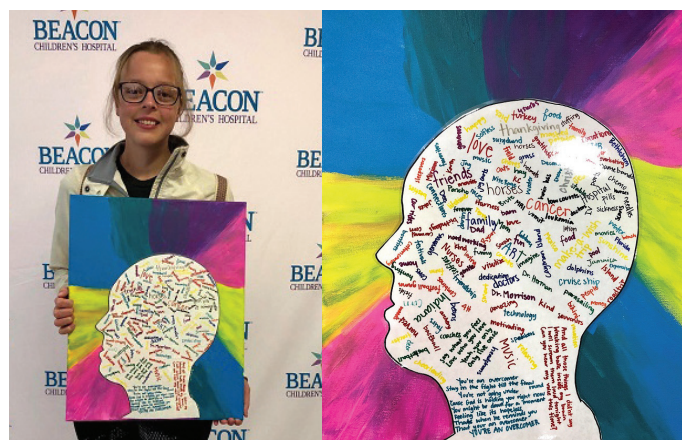
# The Art of Healing

BCH

Being admitted to a hospital can be a frightening experience, but it's even more difficult for a child and their family. In a world of needles, bright lights, strange smells and sounds, and bad-tasting medicine, clinicians like Sarah Tyler, Art Therapist, provide an important distraction through the use of art, though their work entails a great deal more.

Sarah is professionally trained to use Art Therapy to help children and families cope with the challenges of being in the hospital. Art Therapy helps children explore their emotions, improve self-esteem, relieve stress, and improve symptoms of anxiety and depression.

Earlier this year, our Pediatric Hematology Oncology patients expressed their thoughts and emotions through an Art Show. Their incredible and moving work illustrated the importance of this healing tool.



## *The Thoughts in my Head* | by Amy | age 19

Words that describe me are bright, positive, generally happy and energetic. I also like to be self-sufficient. I once spent 77 days in a row, in the hospital. Cancer has a way of interrupting your life, and making it difficult to feel like yourself. In my artwork I chose to use bright, happy colors to express myself and represent who I am.



**Art Therapy at Beacon Children's Hospital is funded almost entirely through philanthropy. Your generosity makes an unimaginable circumstance a little bit brighter for children and families in our community.**



## *Shining Stars in the Dark* | by Yami | age 12

The shining stars in the artwork represent the light that I've found amongst the dark parts of going through cancer. Throughout five years of treatment I have gotten light from creating art, my family, and my clinic family and the care they give me.



## *What do you see?* | by Jayden | age 10

Sometimes when I try to paint specific things, I get frustrated. To create this painting, I used a syringe filled with paint. Learning this technique and how to paint abstractly allowed me to enjoy the process because I could squeeze the paint anywhere and it was fun. Abstract painting lets you see whatever you want to see in the picture.



## Education and Teamwork – Saving Lives

EGH

Karmen Stouder finally held her newborn son Myles two days after his birth.

It was an ordinary birth for her first child. Then things took a turn. Karmen was in danger, she was losing blood postpartum.

She blacked out before her care team could get her into surgery. Two days later, she woke up with tubes in her mouth and no idea what had happened.

Karmen learned that she was lucky to be alive. She learned that her heart had stopped and she was resuscitated. And, she learned that to save her, doctors had to perform a hysterectomy. But, she had beaten the odds and pulled through.

Critical training supported by donors, allowed nurses to recognize Karmen's symptoms and act immediately to save her life. "We train for these events in hopes they never happen, but are prepared when they do," Heather Hostetler, certified nurse midwife says.

Today, Myles and Karmen are doing great. "Every time I see Myles I think how lucky I am to be here and to watch him grow up," Karmen says.

Being prepared takes time and teamwork. Your generosity provides the best training. Because nursing education remains a top priority at Beacon, "we are prepared to take the best care of you," Heather says.

**Philanthropy ensured that when Myles's birth didn't go as planned, highly trained Associates, and the best technology were in place at Elkhart General Hospital to save Karmen's life.**



## Trivia Night Supports Pediatric Nursing Education

*Jennifer Carter, Chris Haas' daughter*

BCH

"On March 2, 2019, more than 200 Beacon Associates and trivia lovers gathered to participate in the Third Annual Chris Haas Trivia Night. All proceeds support the Chris Haas Pediatric Nursing Education Fund at Beacon Health Foundation.

*It was a night of fun, laughter, and most importantly, we raised money for a great cause and honored an incredible woman.*

Chris Haas, my mother, was a beloved pediatric nurse at Memorial for over thirty-two years. She held multiple positions while at Memorial. Her passion and dedication to care for sick and medically fragile children was unlike any other. She empowered local nurses, physicians, therapists, and first-aid responders to help children through her teachings in the Pediatric Advanced Life Support class. She was a phenomenal educator and it was her mission to ensure participants left her class feeling confident when caring for sick and disabled children. She was, and continues to be, an inspirational role model to many of the nurses at Memorial.

After my mom's passing in 2014, my family created the Chris Haas Pediatric Nursing Education Fund to continue her passion for education and teaching. Through generous community donations and trivia night attendees support, this fund enhances the skills of pediatric nurses by financially supporting continuing education opportunities that may otherwise not be possible.

We look forward to continuing our mission in raising funds, positively impacting our local children's health and continuing my mom's mission to educate our professionals. Thanks to all that continue to support our efforts!"



## Community Impact on the Road in Marshall County



When a donor gifts you a van, you give it a new look and hit the road! And that's exactly what the Beacon Community Impact (CI) team is doing: heading to Bremen to serve people where they live and work. The CI team is visiting two sites each month to offer the following programs for underserved families:



The Beds and Bitches, Etc. (B.A.B.E.) program helps mothers earn

coupons to get essential items for their children by going to appointments or classes.

The ultimate goal of B.A.B.E. is to promote healthy pregnancies and lower the infant mortality rate. But in the day-to-day, the goal is to simply make parenting easier. The ability to meet mothers where they are is huge in achieving this goal.

Along with B.A.B.E. items, the team is also able to promote Baby and Me Tobacco Free while spending time with these mothers. This program aims to reduce prenatal smoking in order to decrease the number of low birth weight and premature deliveries.

### Coming Soon!

The Community Impact team will be delivering the Dame Tu Mano Tu Salud Si Cuenta (Give me your Hand Your Health Matters) program to Hispanic / Latino families at a local church. This program increases health awareness, provides education, and encourages participation in the local community by targeting diabetes, blood pressure, and obesity.

## Free Will + Beacon Health Foundation



A free gift for you from Beacon Health Foundation.

Did you know that the vast majority of Americans don't have a will? Are you one of them? Even if you plan to live to the ripe old age of 150, you need a will — it's the best way to take care of the people you love and the causes you care about. We've partnered with our friends at FreeWill to give you a free and easy way to write your legally valid will today. [Many people also like to include a gift to Beacon Health Foundation to invest in quality health care for our community for decades to come.](#)

The service is free whether or not you choose to include a gift. If you prefer to work with an attorney, you can also use the tools to start your will and document your wishes, saving you time and money at the lawyer's office.

Visit [beacon.health/freewill](https://beacon.health/freewill) and get started today (it's free to make changes at any time)!



# Doctor's Day

This spring, we celebrated National Doctor's Day.  
Patients honored their physicians and caregivers.

We proudly recognize the doctors and nurses listed  
here who were celebrated by their patients.



Dr. David Amrhein  
Dr. Rafat H. Ansari  
Dr. Ryan Bonek  
Dr. Sam J. Borrelli  
Dr. William T. Buckley  
Dr. Joseph M. Caruso  
Dr. Travis Casper  
Dr. Daniel M. Cooke  
Carrie Daniels, NP  
Dr. Douglas David  
Dr. David Dyck  
Dr. Natalie J. Frentz  
Dr. Daniel Fulkerson  
Dr. Justin M. Grannell

Dr. Christopher Hall  
Dr. Walter H. Halloran  
Dr. Steven Hanberg  
Dr. Kathryn A. Hanlon  
Dr. Jeffrey Howe  
Dr. John P. Katsaropoulos  
Dr. Kevin P. Kaufhold  
Dr. Jamie L. Kazmierzak  
Dr. Carlton L. Lyons  
Sandra Martin, FNP  
Dr. Ryan Matherly  
Dr. Sam D. McGrath  
Dr. Raman Mitra  
Dr. Luiz Pantalena

Dr. Syed Rizvi  
Dr. David M. Sabato  
Dr. Rachel Schuster  
Dr. Jerome R. Skelly  
Dr. Stephen M. Smith  
Dr. Michael F. Steinberg  
Dr. Randall J. Suttar  
Dr. Amjad Syed  
Dr. Szabolcs Szabo  
Dr. James W. Tieman  
Dr. Ngan T. Van  
Dr. Troy A. Weirick  
Dr. Donald R. Westerhausen  
Dr. Jeffrey D. Yergler

**Vision** is designed for Beacon Health Foundation donors, friends and community leaders. Each issue of **Vision** highlights ways in which your gifts are inspiring hope, healing and gratitude throughout our region. Your generosity helps ensure that the healthcare needs of our community are being met – both today and for generations to come.

Beacon Health Foundation works to inspire support in our community for life-changing health care provided every day close to home by exceptional teams at Community Hospital of Bremen, Elkhart General Hospital and Memorial Hospital. Beacon Health Foundation is a 501(c)(3) organization, tax ID #35-1536129. Please email us at [give@beaconhealthsystem.org](mailto:give@beaconhealthsystem.org) or call 574-524-GIVE if you wish to have your name removed from the list of persons who will receive requests for fundraising to support Beacon Health Foundation in the future. In the event you contact us with a request not to be sent fundraising communication, all reasonable efforts will be taken to ensure you will not receive any communication from us in the future.

To request additional copies of **Vision** or learn more about the Foundation, please contact 574.647.6613 or [give@beaconhealthsystem.org](mailto:give@beaconhealthsystem.org)

**Beacon Children's Hospital | Community Hospital of Bremen | Elkhart General Hospital | Epworth Hospital | Memorial Hospital**



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